

What is

SleepRestriction

What causes driver distraction?

Vehicle

Brought into the vehicle

Internal

The

FatigueCountermeasures

In Vehicle
Driver

Fatigue - CPAP

Continuous Positive Airway Pressure

Fatigue: Road solutions

Distraction

Legislation and enforcement

Cognitive skills training at driver licensing

Corporate leadership

Technology e.g. Volvo intelligent driver information system (IDIS) and Driver Alert

Distraction: Road solutions

Road infrastructure

